



Promoting Health & Hygiene

Sun Protection

Policy statement

At Mayfield Pre School we want staff and children to enjoy the sun safely. We will work with children, staff and parents to achieve this.

The SunSmart Message

Stay in the shade 11-3

Make sure you never burn

Always cover up – wear a t-shirt, hat and wraparound glasses

Remember children burn more easily

Then advise parents to use factor 50 sunscreen

7 Key features of effective practice

The best for every child	High quality care	The Curriculum	Pedagogy	Assessment	Self-regulation and executive function	Partnership with Parents
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1007446/6.7534_DfE_Development_Matters_Report_and_illustrations_web_2_.pdf						

Procedures

Education:

- We will have a “be smart in the sun” story time at the start of summer term for all children.
- Children will be encouraged to paint pictures to reinforce the sun protection message
- We will forward to parents and carers any government information relating to sun safety, which we are given. We will also put information in our summer newsletter.

Protection:

- When outside we will ensure that children have access to adequate shade and water.

Timetabling:

- We will try to avoid being out in the sun at the hottest time of the day.

Clothing:

- We will actively encourage all children to wear a hat when playing outside from May to July.
- We will have a supply of spare hats
- Staff will be requested to wear hats as a good example

Hydration:

- We actively encourage each child to bring their own water bottle and encourage them to drink throughout the day.
- We will replenish these as required.
- We encourage them to also drink at meal and snack times.

Sunscreen

- It is parents/carers responsibility to ensure that children have had sunscreen applied before they come to pre-school. For children who are staying with us all day, we ask the parent to either supply a named bottle of sun cream or give permission for us to use a bottle we supply with which we will apply in the afternoon. We acquire signed permission to apply sun cream. We also seek permission from parents/carers to sponge down their child if they overheat or we suspect heatstroke. If we suspect heatstroke, we will contact the parent.

Alerts

The Manager will check for alerts that come via e-mail and respond/act in regard to the temperature.

If a Level 3 heatwave alert is announced, we will check the room temperature at least 4 times a day and record it in order that we will maintain the room temperature to be below 26 degrees.

Legal framework

Every Child Matters – Be Healthy

Further guidance

www.cancerresearchuk.org

<https://www.nhs.uk/live-well/healthy-body/sunscreen-and-sun-safety/>

This Policy was reviewed by	Paige Merrick
Adopted by	Mayfield Preschool
Date	May 2025

Review Date	May 2026
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Review Log

Review Date	Brief Details of Amendments	Amended By	Agreed By
May 2025	Name Change	Paige Merrick	Mayfield Pre-School